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From the Kitchen of Chef Michael Feker

IL MITO is located at 6913 W North Ave, Wauwatosa

## Chef Feker's Crab and Broccoli Frittata

### ingredients

8 oz blue crab meat  
2 tbsp butter  
1 clove garlic chopped  
2/3 cup diced onion  
1 cup broccoli florets  
1/2 cup sliced mushrooms  
1-1/2 tsp salt  
1/8 tsp white pepper  
3 eggs  
1/2 cup heavy cream  
Fresh Parsley chopped for garnish

### directions

Drain and shred crab, set aside. Melt butter in large skillet. Add garlic, onion, and mushrooms. Sauté until tender. Add broccoli. Cover and cook approximately 6 minutes.

Beat eggs, salt, pepper, and cream together. Add the shredded crab to the pan with the vegetables. Pour in the egg mixture and incorporate. When the eggs begin to set around the edges place in a 425-degree oven for 5-6 minutes until cooked.